



INGEBORG WESER

YPO Gold Amsterdam

Email: ingeborg@couplepower.nl

Phone/WA/FaceTime:
+31-6-22710048

YPO speaker experience:
Chapter Events together with
Robert Benninga:
Singapore, Lagos, Delhi.
CEO cruise Venice-Athens,
Forum Events: Amsterdam,
Berlin

YPO Rating: 4,8 out of 5



TOPIC

Common relationship pitfalls and how to fall in love again.

Learn in 6 steps the most valuable tools in order to stay in tune with your partner, even in challenging times. Because a solid and loving connection with your spouse is what matters the most for family and business success and for being the best version of yourself.

SHORT BIO

Ingeborg is a seasoned psychologist, couple therapist, speaker, trainer and author. Available especially for Forum retreats (workshops), whether or not with her spouse and business partner Robert Benninga.

<https://www.linkedin.com/in/ingeborgweser>. Please visit www.couplepower.nl/ypo-events

TAKE HOME VALUES TO APPLY FOR PERSONAL, FAMILY, AND BUSINESS GROWTH

- Get aware of the pitfalls of (male and female) communication and habits and learn how to overcome them
- Understand the behavior, the emotions and the needs of yourself and your spouse (and your family) in order to be at ease and at peace with each other.
- Practice 3 mayor technologies to keep your relationship strong and vibrant by making each other feel SAFE, SEEN and SUPPORTED (The Triple S Method).
- Give a wonderful boost to your intimacy and love life.

TESTIMONIAL

“Ingeborg and Robert’s Triple S Method paves the way to keeping the relationship with our partner in outstanding shape. I received a practical set of tools, frameworks and exercises to address and improve our daily couple dynamics. I have refocused on meeting each other’s deeper needs rather than simply focusing on our behaviors. I highly recommend this Triple S training for Forums and believe it is also very impactful when couples go through it together.”

- Andrea Fernandez, YPO Berlin (Forum Retreat)