



## How to keep your relationship strong and lively Proven tools for success at home and at work

with Robert Benninga & Ingeborg Weser

## **Testimonials:**

"Working with Ingeborg and Robert was a wonderful experience. Their Triple S approach helped me to reach deeper inside of me, understand human behavior more profoundly, and realize that all humans share the desire to feel Safe, Seen and Supported: an inspiring recipe to profoundly improve personal and professional relationships and performance."

- **Daphne Hering,** Chair for Entrepreneurship and Innovation Management, Technical University of Berlin.

"Ingeborg and Robert's Triple S Method paves the way to keeping our in outstanding shape.

I received a practical set of tools, frameworks and exercises to address and improve our daily dynamics. I have refocused on meeting each other's deeper needs rather than simply focusing on our behaviors. I highly recommend this Triple S training also for Forums and believe it is also very impactful when couples go through it together."

- Andrea Fernandez, Business Consultant, Berlin

Learn in 6 steps the most valuable tools how to stay in tune with each other, especially in challenging times. Join in, because a solid connection is the foundation of business and family success. Plus it gives you wings to be the best version of yourself.

## Four main Take-Home-Values:

- Get aware of the pitfalls of (male and female) communication, learn how to overcome them and keep communications smooth and effective.
- Understand the behavior, the emotions and the needs of yourself and others in order to be at ease and at peace with each other.
- Practice 3 mayor technologies to keep relationships strong by making each other feel SAFE, SEEN and SUPPORTED (The Triple S Method). All family, business and social relationships in your life will benefit in a major way.

**Robert Benninga** and **Ingeborg Weser** are an international couple and the creators of the successful Triple S Method. They travel around the world to share their expertise to fortify relationships. In this event you will receive great benefit from the combination of Robert's solid business experience and Ingeborg's background as a renowned psychologist and relationship expert.



